

ACTIVITY GUIDE

FALL **2017**

EVENTS

HEALTH & WELLNESS

SPORTS









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The Coldwater Recreation Department takes pride in offering a wide variety of quality leisure and recreational activities year-round. Our activities are intended to teach basic skills, teamwork and sportsmanship, while providing opportunities for physical fitness and socialization.

Activity	City	Non-City	Activity	City	Non-City	
Track Pass (1 Day) (Day access to the track for walking or running)	\$2	\$3	Batting Cage Rental/30 min.	\$15	\$18	
Track 25 Visit Punch Card (Punch cards must be used within 1 year from date p	\$40 ourchased	\$50 d)	Batting Cage/Court Rental Combo/hr.	\$35	\$45	
Court Pass (Pass to open court for 1 hour, does not include cour	\$3 t setup, o	\$4 court is shared)	Community Room/hour	\$25	\$30	
Court 25 Visit Punch Card (Punch cards must be used within 1 year from date of	\$50 of purcha	\$75 se)	Birthday Parties (Includes 1 court and 1 room for 2 hours)	\$85	\$100	
Drop-in Sports (Dates and times may change according to usage)	\$4	\$5	Heritage Hall (Through January 1, 2018)	\$120	\$170	
Court Rental/hr.	\$20	\$25	Pavilion Rentals	\$25	\$30	
Fitness Room (Price per person/per visit, will honor track punch care	\$2	\$2	*A 2 week notice must be given for any refund to be considered. *Full payments are due at the time of making a reservation. *Ask about track/fitness room combo.			

DIVISION I SPONSORS









DIVISION II SPONSORS





















Interested in becoming a sponsor? Give us a call at (517) 278-8566 for details!

Division II sponsorship - \$625 per year with a 4 year commitment (financing plans are available).

YOUTH SPORTS

FALL SOCCER

Soccer for boys and girls in Young 5's-3rd grade. Program is 6 weeks long and will consist of drills to practice skills followed by games against each other each week. Will be inside the Rec. Center if it rains.

When: September 12 - October 18 (6 weeks)

Day: Tuesdays 2-3 graders

Wednesdays Young 5's - 1st grade

Time: 5:30pm

Location: Heritage Park Soccer Fields **Fee:** City Resident: \$20

Non-City Resident: \$25

Register By: September 11

YOUTH VOLLEYBALL

Volleyball for boys and girls in grades 4-6. Program will consist of drills to practice skills followed by games against each other each week.

When: September 21 - October 26 (6 weeks)

Day: Thursdays 5:00pm

Location: Dr. Browne Recreation Center

Fee: City Resident: \$20 Non-City Resident: \$25

Register By: September 20





FLAG FOOTBALL

Join the fun and play flag football with your friends at the Heritage Park Soccer Fields, located on the far west side of Heritage Park. Program for boys and girls in grades 3-6.

When: September 18 - October 23

Day: Mondays **Time:** 5:30pm

Location: Heritage Park Soccer Fields **Fee:** City Resident: \$20

Non-City Resident: \$25

Register By: September 5

BATTING CAGE RENTAL

Come rent a cage for baseball or softball practice. Pitching machine, balls, and screens provided. YOU MUST BRING YOUR OWN BATS AND HELMETS. You also must bring a person to pitch to you.

Fee: City Resident: \$15/30 minutes

Non-City Resident: \$18/30 minutes

OPEN GYM

(High School/Middle School)

Basketball/Volleyball/Tennis open gym for boys and girls in Middle School or High School. This does not include batting cages. Must be at least 12 years of age otherwise must be accompanied by an adult.

When: August 25 - December 15

Day: Fridays

Time: 2:00pm - 4:00pm

Fee: \$2/person with Student ID

INDOOR TENNIS

Come practice your tennis this fall and improve your game. Indoor tennis for boys and girls in grades 1-8.

When: November 6 - December 11 (6 weeks) Day: Mondays

Time: 5:00pm

Location: Dr. Browne Recreation Center

Fee: City Resident: \$20 Non-City Resident: \$25

Register By: November 3

INDOOR FLOOR HOCKEY

Program for boys and girls in grades 3-8.

When: November 7 - December 12 (6 weeks)

Day: Tuesdays Time: 5:00pm

Location: Dr. Browne Recreation Center

Fee: City Resident: \$20

Non-City Resident: \$25 Register By: November 6

YOUTH DODGEBALL

Dodgeball for boys and girls in grades 4-6.

When: November 1 - December 13 (6 weeks)

(No games Wednesday before Thanksgiving)

Wednesdays Day: Time: 5:00pm

Location: Dr. Browne Recreation Center Fee: City Resident: \$20

Non-City Resident: \$25

Register By: October 31



INDOOR SOCCER

Soccer for boys and girls in grades 3-5. Program is 6 weeks long and will consist of drills to practice skills followed by games against each other each week.

When: November 2 - December 14 (6 weeks)

(No games Thanksgiving Day)

Day: **Thursdays** Time: 5:00pm

Location: Dr. Browne Recreation Center

City Resident: \$20 Fee:

Non-City Resident: \$25

Register By: November 1

INDOOR SOCCER DROP-IN

(High School/Middle School)

Come play soccer in a drop-in setting where you can form your own teams and practice your skills. For boys and girls in highschool or middle school. Must be at least 12 years of age otherwise must be accompanied by an adult.

When: November 2 - December 14

(No play Thanksgiving Day)

Thursdays Day:

Time: 6:00pm - 8:00pm

Location: Dr. Browne Recreation Center

City Resident: \$4 Fee:









The 6X6 volleyball leagues will be starting on October 1, 2017. Play will consist of 3 games to 21.

Starts October 1 (10 matches) When:

Day: Sunday - Coed

Monday - Men

Monday & Tuesday - Women

Time: 5:00pm - 10:00pm **Team Fee:** \$250

Register By: September 11

ADULT DROP-IN VOLLEYBALL

Come play volleyball in a drop-in setting where you can form your own teams and practice your skills.

When: August 24 - December 14

(No play on Thanksgiving)

Thursdays Dav:

Time: 6:00 pm-8:00 pm Fee: \$4/city resident

\$5/non city resident

ADULT DROP-IN SOCCER

Come play soccer in a drop-in setting where you can form your own teams and practice your skills.

November 3 - December 15 When:

(No play Thanksgiving week)

Day: Fridays

Time: 6:00pm-8:00pm \$4/city resident Fee:

\$5/non city resident



MEN'S FALL BASKETBALL 5X5

Men's basketball leagues will start on November 7. Six game season played on Tuesdays.

When: Starts November 7 (6 games)

Tuesdays Dav:

Time: 6:30pm - 10:00pm

Team Fee: \$225 Register By: October 6

MEN'S DROP-IN BASKETBALL

Come play basketball in a drop-in setting where you can form your own teams and practice your skills

When: October 3 - October 31

Day: Tuesdays

Time: 6:00pm-8:00pm **Fee:** \$4/city resident

\$5/non city resident

ADULT DROP-IN PING PONG

Come play ping pong (table tennis) in a drop-in setting where you can practice your skills and have some fun!

Starts September 6 When: Wednesdays Dav: Time: 6:00pm-8:00pm Fee: \$4/city resident \$5/non city resident

PICKLEBALL

A paddle sport created for all ages and skill levels. This sport combines elements of tennis, badminton, and ping pong. Pickleball group meets weekly. For dates and times call 278-8566.

SPECIAL **EVENTS**

TOT TIME

Open time for parents and daycare providers to bring pre-school age children to our gym to play. Plenty of balls and baskets to play with. Adults must accompany and supervise their children.

When: October 2 - December 20
Day: Monday & Wednesday
Time: 11am - 12:30pm

Location: Dr. Browne Recreation Center

Fee: \$1/child



HALLOWEEN HAUNTED FOREST

Adventure out for a spook-tacular time in the haunted forest. Early session will be the less scary version for our younger crowd and the later session will be the true haunted forest.

When: October 13 & 14

Day: Friday & Saturday

Time: 6:00pm - 7:30pm less scary

7:30pm - 9:00pm scary

Location: Rotary Park **Fee:** \$5/person



INFLATABLE DAY

Hey Kids, are you looking for something fun and exciting to do this fall? Join us at the Dr. Browne Rec. Center for a day of climbing and bouncing on some inflatables. All kids welcome! Those under 10 must be supervised by an adult.

When: Saturday, September 23
Time: 10am-12pm or 1pm-3pm
Location: Dr. Browne Recreation Center

Fee: \$5/child

Must be registered by Sept. 21.





WELLNESS

YOGA

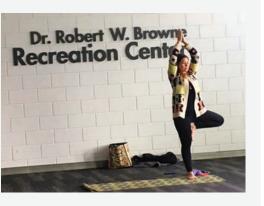
Class will involve easy stretching to improve strength, flexibility, and balance. The sequence of yoga poses will allow you to release stress and restore the mind and body.

When: Starts September 11

Day: Mondays **Time:** 4:00pm

Location: Dr. Browne Recreation Center

Fee: \$5/class



NOTHING KILLS A PROGRAM QUICKER.....

Than waiting until the last minute to register. At some point a decision must be made on whether to cancel a program due to lack of enrollment. Registration at the last minute may mean that the program has already been cancelled.



SENIOR WALK CLUB

Come take a walk at the Dr. Robert W. Browne Recreation Center this winter and enjoy the indoor track

When: Now through December 31
Day: Tuesdays & Thursdays
Time: 10:00am - 11:00am

Location: Dr. Browne Recreation Center

Fee: \$1/walk



UPCOMING WINTER '18



Play will consist of 3 games to 21. A ten game season followed by a tournament. Leagues will begin in January.

MEN'S BASKETBALL 5X5

Leagues are formed by the night your team wants to play. A ten game season followed by a tournament. Leagues will begin in January.

45 & OLDER MEN'S BASKETBALL

Basketball League for men 45 and older. Leagues will begin in January.

YOUTH SPORTS

Coming this winter for youth:

Recreation Basketball League. Indoor Soccer. Indoor Kickball, Dodgeball, Floor Hockey.



DADDY/DAUGHTER DANCE Saturday, February 10, 2018

This popular social event is for girls kindergarten through 6th grade that are attending Coldwater Schools and their dads, grandpas, or uncles. The event allows you to spend an evening of fun

MOM/SON NIGHT - NEW at the Rec Center! Saturday, March 10, 2018

Enjoy an evening out filled with new and exciting activities. There will be games, inflatables, pictures, snacks, and more. This event is for boys in kindergarten through 6th grade and their moms, grandmas, and aunts.







NSIDE CENTER









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ARTHRITIS FOUNDATION Aquatic Program

for Branch County residents age 60 and older

Sponsored by the Burnside Center

The **Arthritis Foundation Aquatic Program** is a warm water exercise program designed to reduce pain and improve overall health. Exercises include range of motion, muscle-strengthening, socialization and a moderate aerobic component.

Tuesdays and Thursdays beginning September 19 10:00 a.m. - 11:00 a.m.

at the Dr. Robert W. Browne Aquatic Center

Call 279-5920 to sign up!

The Arthritis Aquatic program is supported by funds from the State of Michigan Aging & Adult Services Agency, the Branch-St. Joseph Area Agency on Aging (IIIC) and funding through Title IIID of the Older Americans Act. The Branch County Commission on Aging complies with Title VII of the Civil Rights Act.

DR. ROBERT W. BROWNE AQUATIC CENTER



FALL SWIM LESSONS

When: Session 1: Sept 9 - Sept 30

Session 2: Oct 14 - Nov 4

Day: Saturdays

Time: Preschool 11:50am - 12:30pm

Parent/Child 12:40pm - 1:10pm Beginner 10:40am - 11:40am

Advanced 9:30am - 10:30am

Location: Dr. Browne Aquatic Center

Fee: Member \$20; Non-Member \$28

AQUATICS

Preschool:

Learn to swim and be safe around the water. Swim Lessons for all ages and levels.

Parent/Child: 6 months to 3 years: Designed to

acclimate your child to the water.

3-4 years: Child is comfortable

with instructor and develops

basic skills.

Beginner: 5-10 years: Children learn basic

swimming skill such as treading water, front crawl, back crawl, floating, and more. Children will be put with others in the same

age group.

Advanced: 5-10 years: Children can swim 1

length of the pool, rotary breathing and stroke techniques will be taught at this level.

Dr. Robert W. Browne Aquatic Center *Coldwater Community Schools*250 Western Ave | Coldwater, MI 49036
517.279.5920 | www.coldwaterschools.org

PRIVATE SWIM LESSONS

Call to schedule appointment for children or adults.

Fee: Member \$20/30 min. Non-Member \$30/30 min.

SEMI-PRIVATE SWIM LESSONS

Lessons for 2-3 people at a time.

Fee: Member \$15/30 min. Non-Member \$25/30 min.

LIFEGUARD CLASS

Call for dates and times.



WATER AEROBICS

When: Continuous, join at anytime **Day:** Mon., Wed., Fri. at 9:00am

Tues & Thurs at 6:30pm

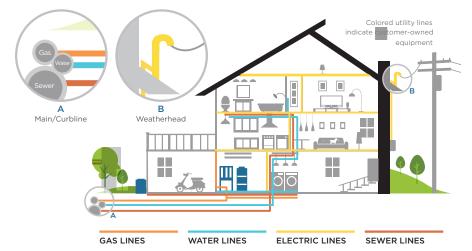
Fee: Member \$5/class

Non-Member \$8/class

Did you know?

Most homeowners insurance polices do not cover the lines, pipes, or systems that are most damaged due to normal wear and tear. However, nearly 65% of American homewoners do not have enough in their savings account to pay for even minor repairs. That's why the Coldwater Board of Public Utilities offers UtilityShield Protection for your inside and outside lines & HVAC systems.

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OUTSIDE LINES ELECTRIC up to \$3,000 WATER up to \$4,500 SEWER up to \$8,000		~		~
HVAC FURNACE up to \$1,750 CENTRAL AC up to \$1,750 WATER HEATER up to \$750 BOILER up to \$1,750 HEAT PUMP up to \$2,000			~	~

